

## Lupus Erythematosus Society of Saskatchewan Inc. (L.E.S.S.)

### **SECTION A - PAMPHLETS AND ARTICLES THAT PROVIDE AN OVERVIEW OF LUPUS**

- 0-25 ATHEROSCLEROSIS AND CORONARY ARTERY DISEASE IN SLE by Cynthia Aranow, M.D. & Ellen M Ginzler, M.D
- 0-26 THE PREDNISONE PENDULUM - By Dianne Witter
- 0-27 PROGRESS IN UNDERSTANDING SLE - by Micheal D. Lockshin, M.D.
- 0-28 PULMONARY MANIFESTATIONS OF SLE - By Seth Mark Berney, M.D
- 0-29 SMOKING AND LUPUS: A DOUBLE WHAMMY!! - By Patricia S. Leisy
- 0-30 NEW TREATMENTS FOR SLE: DIFFICULTIES & DEVELOPMENTS - by Richard Furi
- 0-33 SKIN CHANGES IN PEOPLE WITH LUPUS - by Naomi Rotheffeld, M.D. (2000)
- 0-34 ARTHRITIS AND LUPUS - by Timothy J. Swartz, M.D. (2000)
- 0-36 LUPUS AND THE LIVER - by Daniel J. Wallace, M.D. (2000)
- 0-37 RAYNAUD'S PHENOMENON - by Frederick M. Wigley, M.D. (2000)
- 0-38 WHAT IS DISCOID LUPUS ERYTHEMATOSUS? - by David P. Fivenson (2000)
- 0-39 SCIENTISTS PINPOINT ENZYME FAILURE AS A CAUSE OF LUPUS (2000)
- 0-42 WOMEN SUFFER MOST FROM AUTOIMMUNE DISEASE (2000)
- 0-43 KNOCKING LUPUS FOR A LOOP WITH LAUGHTER - by Hall Duncan, Ph.D.
- 0-45 PHYSICIAN ROUNDTABLE ON HORMONES AND LUPUS (2000)
- 0-46 EVALUATING HEALTH INFORMATION ON THE WEB (2000)
- 0-47 HERBS AND DRUGS: MIX & MISMATCH (2000)
- 0-48 MANAGING LUPUS FATIGUE - by Basia Belza. Ph. D. RN.
- 0-49 ANTIBIOTIC THERAPY FOR SLE: FACT OR FICTION? (2001) by Jonathan D. Roebuck, MD and William R. Gilliland, MD
- 0-50 LUPUS AND CANCER: IS THERE AN ASSOCIATION? (2001) by Arthur M Krieg, MD
- 0-51 ABOUT NEUROPSYCHIATRIC DISEASE IN LUPUS (2001) by Robin Brey. MD
- 0-52 ABNORMAL APOPTOSIS IN SYSTEMIC LUPUS (2001)
- 0-53 THE IMPORTANCE OF GOOD COMMUNICATION BETWEEN PATIENTS & PHYSICIANS - by Wendy Levinson
- 0-54 LUPUS AND PREGNANCY: CAN THEY GO TOGETHER? (2000)
- 0-56 THE SUN AND YOUR SKIN - by Lela Lee, MD (2000)
- 0-77 Genetic "Signature" Linked to Severe Lupus Symptoms - NIAMS Press Release - February 11, 2003
- 0-79 How to find Medical Information - Publication date April 2001- NIAMS
- 0-80 Many Shades of Lupus - Publication date August 2001 - NIAMS
- 0-81 Questions and Answers about Raynaud's phenomenon - Publication date August 2001 - NIAMS

### **SECTION B - PUBLICATIONS FOR SALE**

1. COPING WITH DEPRESSION IN CHRONIC ILLNESS By Sean Hogan MSW - Price \$2.00
2. LUPUS CANADA- Advokit (A Support Resource) - Cost of postage
3. LUPUS THE DISEASE WITH A THOUSAND FACES (Updated and expanded, 2004) - Edited by Dr. Sasha Bernatsky and Dr. Jean- Luc Senecal - Price \$19.95
4. WHEN MOM GETS SICK (1992) – by Rebecca Samuels

### **SECTION C - LESS LIBRARY LIST OF VIDEOS AND BOOKS**

#### **Currently available videos:**

1. **Living with Lupus:** A Practical Guide for Living, Looking and Feeling Better (1996) – 28 minutes
2. **Stories of Lupus** Narrated by Charles Osgood (1999) - 27 minutes

3. **Moose Jaw Lupus Presentation** (Oct 2003) - 29 minutes
4. **Kaleidoscope of Lupus** - Lupus Canada Symposium (June 19, 2004) - 2 hours, 58 minutes
5. **Kaleidoscope of Lupus** - Workshop Questions & Answers (June 19, 2004) - 47 minutes

**Currently available books:**

1. **SICK AND TIRED OF FEELING SICK AND TIRED** - by Paul J. Donoghue, PHD and Mary E. Siegel, PHD - Living with Invisible Chronic Illness
2. **THE LUPUS BOOK: A GUIDE FOR PATIENTS AND THEIR FAMILIES** - by DR. Daniel J. Wallace, MD - "This book is the revised and expanded edition of Wallace's 1995 book of the same title. This new edition was published in February 2000. The author uses language that can be understood by the average person"
3. **"WHEN MOM GETS SICK"** - by Rebecca Samuels - age 9. Rebecca shares what it is like when Mom has SLE.
4. **LUPUS: A GP GUIDE TO DIAGNOSIS** - Compiled by Yvonne Norton of Lupus UK (2000)
5. **THE CHALLENGES OF LUPUS - INSIGHTS & HOPE** by Henrietta Aladjem
6. **THE LANGUAGE OF WATER** - by Jude Clarke - A woman's struggle with lupus.
7. **LUPUS THE DISEASE WITH A THOUSAND FACES** (Updated and Expanded, 2004) - Edited by Dr. Sasha Bernatsky and Dr. Jean-Luc Senecal

**Currently available pamphlets:**

1. **What is Systemic Lupus Erythematosus?** Produced by L.E.S.S.
2. **For Inquiring Teens with Lupus**

**SECTION D - LUPUS CANADA FACT SHEETS**

1. **LEARNING TO LIVE WELL WITH LUPUS: Preventative Coping Strategies for Physical Health**
2. **KIDNEY DISEASE AND LUPUS**
3. **INTRODUCTION TO SKIN DISEASES**
4. **LUPUS MEDICATIONS**
5. **LEARNING TO LIVE WELL WITH LUPUS: Preventative Coping Strategies for Emotional Health**
6. **NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDS) AND COX- II INHIBITORS (COXIBS)**
7. **SYMPTOMS OF DRUG INDUCED LUPUS**
8. **MEN AND LUPUS**